

CONVEXITY AND RIGIDITY OF HYPERSURFACES IN CARTAN-HADAMARD MANIFOLDS

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ABSTRACT. We show that in Cartan-Hadamard manifolds M^n , $n \geq 3$, closed infinitesimally convex hypersurfaces Γ bound convex flat regions, if curvature of M^n vanishes on tangent planes of Γ . This encompasses Chern-Lashof characterization of convex hypersurfaces in Euclidean space, and some results of Greene-Wu-Gromov on rigidity of Cartan-Hadamard manifolds. It follows that closed simply connected surfaces in M^3 with minimal total absolute curvature bound Euclidean convex bodies, as stated by M. Gromov in 1985. The proofs employ the Gauss-Codazzi equations, a generalization of Schur comparison theorem to $\text{CAT}(k)$ spaces, and other techniques from Alexandrov geometry outlined by A. Petrunin.

1. INTRODUCTION

A $\text{CAT}^n(k_{\leq 0})$ manifold M is a metrically complete simply connected Riemannian n -space with curvature $K_M \leq k \leq 0$, and *locally convex* boundary ∂M . The last condition means that, when $\partial M \neq \emptyset$, the second fundamental form of ∂M is positive semidefinite with respect to the outward normal. When $\partial M = \emptyset$, M is known as a *Cartan-Hadamard* manifold. A subset of M is *convex* if it contains the geodesic connecting every pair of its points, and is called a *convex body* if it also has nonempty interior. A hypersurface Γ in M is *convex* if it bounds a convex body. We say Γ is *infinitesimally convex* if its principal curvatures do not assume opposite signs at any point. Chern-Lashof [18, 19] and do Carmo-Warner [21] showed, respectively, that infinitesimally convex closed hypersurfaces immersed in Euclidean space \mathbf{R}^n or hyperbolic space \mathbf{H}^n , $n \geq 3$, are convex. We extend these results to $\text{CAT}^n(k_{\leq 0})$ manifolds. A region X of M is *k-flat* if $K_M \equiv k$ on X .

Theorem 1.1. *Let Γ be a closed infinitesimally convex \mathcal{C}^3 hypersurface immersed in a $\text{CAT}^n(k_{\leq 0})$ manifold M , $n \geq 3$. Suppose that $K_M \equiv k$ on tangent planes of Γ , and either $k = 0$ or Γ is simply connected. Then Γ bounds a k -flat convex body. In particular Γ is an embedded sphere.*

Date: August 29, 2023 (Last Typeset).

2010 Mathematics Subject Classification. Primary: 53C20, 58J05; Secondary: 53C44, 52A15.

Key words and phrases. $\text{CAT}(k)$ space, Hyperbolic space, Tight surface, Total absolute curvature, Gap theorem, Cauchy arm lemma, Unfolding, Reshetnyak majorization, Kirszbraun extension.

The author was supported by NSF grant DMS-2202337.

If $K_M \equiv k$ outside a compact set X in M , and $\partial M = \emptyset$, then letting Γ in the above theorem be a sphere enclosing X yields that $K_M \equiv k$ everywhere. Thus Theorem 1.1 also extends some of the ‘‘gap theorems’’ [41, 43] first obtained by Greene-Wu [26] and Gromov [10, Sec. 5]. In the case where $n = 3$ and Γ is *strictly convex*, i.e., the second fundamental form \mathbb{I}_Γ is positive definite, the above result was established by the author and Spruck [24], generalizing earlier work of Schroeder-Strake [42] for $k = 0$. Kleiner [28] had also observed a version of the above theorem when $n = 3$ and Γ has constant mean curvature. Next result is an intrinsic version of Theorem 1.1. Let \mathcal{M}_k^n be the *model space*, or complete simply connected n -manifold, of constant curvature $k \leq 0$.

Theorem 1.2. *Let M^n , $n \geq 3$, be a compact simply connected manifold with infinitesimally convex \mathcal{C}^3 boundary Γ , and curvature $K_M \leq k \leq 0$ with $K_M \equiv k$ on tangent planes of Γ . Suppose that each component of Γ is simply connected and contains a point where a principal curvature with respect to the outward normal is positive. Then M is isometric to a convex body in \mathcal{M}_k^n . In particular M is homeomorphic to a ball.*

Conditions in the second sentence of the last theorem ensure that M is not a tubular neighborhood of a closed geodesic, or the complement of a small open ball in a compact space form. Theorem 1.1 has the following application. Let $GK := \det(\mathbb{I}_\Gamma)$ denote the *Gauss-Kronecker* curvature of a surface Γ in a Riemannian 3-manifold. The *total curvature* and *total absolute curvature* of Γ are given respectively by

$$\mathcal{G}(\Gamma) := \int_\Gamma GK, \quad \text{and} \quad \tilde{\mathcal{G}}(\Gamma) := \int_\Gamma |GK|.$$

Surfaces which minimize $\tilde{\mathcal{G}}$ in a topological class are called *tight* [16], and have been studied extensively since Alexandrov [9]. Let $|\Gamma|$ denote the area of Γ .

Corollary 1.3. *Let Γ be a closed simply connected \mathcal{C}^3 surface immersed in a $\text{CAT}^3(k_{\leq 0})$ manifold. Then*

$$(1) \quad \tilde{\mathcal{G}}(\Gamma) \geq 4\pi - k|\Gamma|,$$

with equality only if Γ bounds a k -flat convex body.

Proof. Let M be the ambient space, and K_Γ denote the sectional curvature of Γ . By Gauss’ equation, at every point $p \in \Gamma$,

$$(2) \quad GK(p) = K_\Gamma(p) - K_M(T_p\Gamma) \geq K_\Gamma(p) - k,$$

where $T_p\Gamma$ is the tangent plane of Γ at p . Since Γ is simply connected, $\int_\Gamma K_\Gamma = 4\pi$ by Gauss-Bonnet theorem. Thus

$$(3) \quad \tilde{\mathcal{G}}(\Gamma) \geq \mathcal{G}(\Gamma) = 4\pi - \int_\Gamma K_M(T_p\Gamma) \geq 4\pi - k|\Gamma|.$$

Equality in (1) forces equalities in (3). In particular $\tilde{\mathcal{G}}(\Gamma) = \mathcal{G}(\Gamma)$, which yields $GK \geq 0$ everywhere. So Γ is infinitesimally convex. Furthermore $\int_{\Gamma} K_M(T_p\Gamma) = k|\Gamma|$, which yields $K_M(T_p\Gamma) = k$ for all $p \in \Gamma$. Now Theorem 1.1 completes the proof. \square

For Γ strictly convex, the last result was established in [24, Cor. 1.2]. For surfaces in \mathbf{H}^3 , the weaker inequality $\tilde{\mathcal{G}}(\Gamma) \geq 4\pi + |\Gamma_0|$, where Γ_0 denotes the boundary of the convex hull of Γ , had been known earlier [31, Prop. 2]. For surfaces in \mathbf{R}^3 , Corollary 1.3 dates back to Chern-Lashof [18, 19], who showed that $\tilde{\mathcal{G}}(\Gamma) \geq 2\pi(2 + 2g)$, where g is the topological genus of Γ . In 1966 Willmore-Saleemi [48] conjectured that the Chern-Lashof inequality holds in $\text{CAT}^3(0)$ manifolds; however, Solanes [44] constructed closed surfaces Γ in \mathbf{H}^3 of every genus $g \geq 1$ with $\tilde{\mathcal{G}}(\Gamma) \approx 8\pi$. In these examples $|\Gamma| \approx 2\pi(2g + 2)$, which shows that (1) does not hold for $g \geq 1$. So Corollary 1.3 is topologically sharp.

In 1985 Gromov [10, p. 66 (b)] proposed that for all closed surfaces Γ in a $\text{CAT}^3(0)$ manifold, $\tilde{\mathcal{G}}(\Gamma) \geq 4\pi$ with equality only if Γ bounds a 0-flat convex body. Corollary 1.3 settles this problem for $g = 0$. For $g \geq 1$, we show in Section 5 that the inequality $\tilde{\mathcal{G}}(\Gamma) \geq 4\pi$ still holds; however, we cannot prove that Γ is convex when equality holds.

Proof of Theorem 1.1 follows an approach suggested by Petrunin [34]. We first use the Gauss-Codazzi equations in Section 2 to show that Γ is isometric to a hypersurface Γ' in \mathcal{M}_k^n with the same second fundamental form. It follows from characterizations of convex hypersurfaces by Sacksteder [39], do Carmo-Warner [21], and Alexander [2] that Γ and Γ' are both convex. Next in Section 3 we generalize Schur's comparison theorem to $\text{CAT}^n(k \leq 0)$ manifolds via Reshetnyak's majorization theorem [36]. This result is used to show in Section 4 that the isometry $\Gamma \rightarrow \Gamma'$ preserves extrinsic distances. It follows from the generalization of Kirszbraun's extension theorem by Lang-Schroeder [30] that the mapping $\Gamma \rightarrow \Gamma'$ extends to an isometry of the convex bodies bounded by these hypersurfaces. Theorem 1.2 is proved similarly.

2. IMMERSION INTO MODEL SPACES

Here we use the fundamental theorem of Riemannian hypersurfaces [20, 45] to immerse Γ in Theorems 1.1 and 1.2 into the model space \mathcal{M}_k^n . Let M^n be a Riemannian n -manifold with connection ∇ and metric $\langle \cdot, \cdot \rangle$. The curvature operator of M is given by $R(X, Y)Z := \nabla_X \nabla_Y Z - \nabla_Y \nabla_X Z - \nabla_{[X, Y]} Z$, for vector fields X, Y, Z on M . The sectional curvature of M with respect to a plane $\sigma \subset T_p M$ is defined as

$$K(\sigma) = K(X, Y) := \frac{\langle R(X, Y)Y, X \rangle}{|X \times Y|^2},$$

where X, Y span σ , and $|X \times Y| := (\langle X, X \rangle \langle Y, Y \rangle - \langle X, Y \rangle^2)^{1/2}$. Let Γ be a \mathcal{C}^2 immersed hypersurface in M . The *shape operator* and the *second fundamental form* of

Γ with respect to a (continuous) normal vector field N are given by

$$A(X) := -\nabla_X(N), \quad \text{and} \quad \mathbb{I}_\Gamma(X, Y) := \langle A(X), Y \rangle,$$

respectively, for tangent vector fields X, Y on Γ . The *principal curvatures* of Γ with respect to N are eigenvalues of A . Let M' be another Riemannian n -manifold, $f: \Gamma \rightarrow M'$ be an immersion, and set $\Gamma' := f(\Gamma)$. We say f is *isometric*, or $\Gamma \xrightarrow{f} \Gamma'$ is an isometry, if $\langle X, Y \rangle_M = \langle df(X), df(Y) \rangle_{M'}$; furthermore, f *preserves* \mathbb{I}_Γ , or Γ and Γ' have *the same second fundamental form*, if $\mathbb{I}_\Gamma(X, Y) = \mathbb{I}_{\Gamma'}(df(X), df(Y))$, with respect to some normal vector fields.

Proposition 2.1. *Let Γ be a simply connected C^3 hypersurface immersed in a Riemannian manifold M^n , $n \geq 3$. Suppose that for all points $p \in \Gamma$ and planes $\sigma \subset T_p M$, $K_M(\sigma) \leq k \leq 0$ with $K_M(\sigma) = k$ if $\sigma \subset T_p \Gamma$. Then there exists an isometric immersion $\Gamma \rightarrow \mathcal{M}_k^n$ which preserves \mathbb{I}_Γ .*

We always assume that $k \leq 0$ in this work. First we need to show:

Lemma 2.2. *Let $p \in M$ be a point such that $K(\sigma) \leq k$ for all planes $\sigma \subset T_p M$. Suppose that there exists a hyperplane $H \subset T_p M$ such that $K(\sigma) = k$ for all planes $\sigma \subset H$. Then for every pair of vectors $X, Y \in H$, and orthogonal vector N to H , $R(X, Y)N = 0$.*

Proof. It is enough to check that $\langle R(X, Y)N, Z \rangle = 0$ for every vector $Z \in H$, since $\langle R(X, Y)N, N \rangle = 0$. Let $X_t := X + tN$ and σ_t be the plane spanned by X_t and Y . Then

$$\langle R(X_t, Y)Y, X_t \rangle = K(\sigma_t)|X_t \times Y|^2 \leq k|X \times Y|^2 = \langle R(X, Y)Y, X \rangle.$$

So $t = 0$ is a critical point of $t \mapsto \langle R(X_t, Y)Y, X_t \rangle$, which yields

$$\langle R(X, Y)Y, N \rangle = \frac{1}{2} \frac{d}{dt} \Big|_{t=0} \langle R(X_t, Y)Y, X_t \rangle = 0.$$

It follows that

$$0 = \langle R(X, Y + Z)(Y + Z), N \rangle = \langle R(X, Y)Z, N \rangle + \langle R(X, Z)Y, N \rangle.$$

So $\langle R(X, Y)Z, N \rangle = \langle R(Z, X)Y, N \rangle$, which yields $\langle R(Z, X)Y, N \rangle = \langle R(Y, Z)X, N \rangle$ by switching X and Y . Thus we have

$$\langle R(X, Y)Z, N \rangle = \langle R(Y, Z)X, N \rangle = \langle R(Z, X)Y, N \rangle.$$

By the first Bianchi identity, the sum of these quantities is zero. So they vanish. \square

Let X, Y, Z be tangent vector fields and N be a normal vector field on a hypersurface Γ immersed in M . Furthermore let $\bar{\nabla}$ be the induced connection and \bar{R} denote the Riemann curvature operator of Γ . The covariant derivative of the shape operator A is

defined as $(\bar{\nabla}_X A)(Y) := \bar{\nabla}_X(A(Y)) - A(\bar{\nabla}_X Y)$. Let $(\cdot)^\top$ denote the tangential component with respect to Γ , and set $(X \wedge Y)Z := \langle Y, Z \rangle X - \langle X, Z \rangle Y$. The Gauss-Codazzi equations [20, p. 24] for Γ are

$$(4) \quad \bar{R}(X, Y)Z = (R(X, Y)Z)^\top + (A(X) \wedge A(Y))Z,$$

$$(5) \quad R(X, Y)N = (\bar{\nabla}_Y A)(X) - (\bar{\nabla}_X A)(Y).$$

Now we are ready to establish the main result of this section:

Proof of Proposition 2.1. Let X, Y, Z be tangent vector fields and N be a normal vector field on Γ . By Lemma 2.2, $R(X, Y)N = 0$ which yields $(R(X, Y)Z)^\top = R(X, Y)Z$. Furthermore, since $K_M \equiv k$ on tangents planes of Γ , we have $R(X, Y) = kX \wedge Y$. Thus (4) and (5) reduce to

$$\begin{aligned} \bar{R}(X, Y)Z &= k(X \wedge Y)Z + (A(X) \wedge A(Y))Z, \\ (\bar{\nabla}_Y A)X &= (\bar{\nabla}_X A)Y. \end{aligned}$$

These are the Gauss-Codazzi equations if Γ was immersed in \mathcal{M}_k^n [20, p. 24]. Now the fundamental theorem for hypersurfaces [20, Thm. 2.1(i)] completes the proof. \square

Note 2.3. The \mathcal{C}^3 assumption in Proposition 2.1 provides the minimum regularity required to express the Gauss-Codazzi equations; however, \mathcal{C}^2 or even $\mathcal{C}^{1,1}$ regularity might be enough, where the Gauss-Codazzi equations would hold in an integral or distributional sense. See [27, 33] where this approach has been worked out in \mathbf{R}^3 .

3. SCHUR'S COMPARISON THEOREM

Here we generalize Schur's comparison theorem for curves in \mathbf{R}^n [17, 47], which is sometimes called the ‘‘bow lemma’’ [35], to $\text{CAT}^n(k_{\leq 0})$ manifolds. A partial extension of Schur's theorem to \mathbf{H}^n was studied by Epstein [22], and the polygonal version, known as Cauchy's ‘‘arm lemma’’ [1], holds in $\text{CAT}(k_{\leq 0})$ spaces [4]. We begin by reviewing the basic notions of Alexandrov geometry [5, 13, 14] which we need.

Let \mathcal{X} be a metric space. The distance between a pair of points $p, q \in \mathcal{X}$ is denoted by $|pq|$ or $|pq|_{\mathcal{X}}$. A *curve* is a continuous map $\gamma: [a, b] \rightarrow \mathcal{X}$. We also use γ to refer to its image $\gamma([a, b])$. The *length* of γ , denoted by $|\gamma|$, is the supremum of $\sum |\gamma(t_i)\gamma(t_{i+1})|$ over all partitions $a = t_0 \leq \dots \leq t_N = b$ of $[a, b]$. If $|\gamma| = |\gamma(a)\gamma(b)|$ then γ is a *geodesic*. We say \mathcal{X} is a *geodesic space* if every pair of points $p, q \in \mathcal{X}$ can be joined by a geodesic. If these geodesics are unique (up to reparametrization) they will be denoted by pq , and \mathcal{X} is called a *uniquely geodesic space*. A geodesic space \mathcal{X} is $\text{CAT}(k_{\leq 0})$ if every (geodesic) triangle Δ in \mathcal{X} is *k-thin*, i.e., if $\Delta' \subset \mathcal{M}_k^2$ is a triangle with side lengths equal to those of Δ , then the distance between any pairs of points of Δ does not exceed that of the corresponding points in Δ' . Every $\text{CAT}(k_{\leq 0})$ space is uniquely geodesic.

The local convexity assumption on the boundary of a $\text{CAT}^n(k_{\leq 0})$ manifold M ensures that small triangles in M are k -thin [6], or M is locally $\text{CAT}(k_{\leq 0})$. Since M is simply connected, it follows from the generalized Cartan-Hadamard theorem [7, 13, 14] that M is a $\text{CAT}(k_{\leq 0})$ space. Thus $\text{CAT}^n(k_{\leq 0})$ manifolds are uniquely geodesic.

A curve $\gamma: [a, b] \rightarrow \mathcal{X}$ has *unit speed* if $|\gamma|_{[t,s]} = t - s$ for all $a \leq t \leq s \leq b$. The *chord* of γ is the geodesic $\gamma(a)\gamma(b)$. We say $\gamma: [a, b] \rightarrow \mathcal{M}_k^2$ is *chord-convex* if γ together with its chord forms a *convex curve*, i.e., the boundary of a convex body.

Theorem 3.1 (Generalized Schur's Comparison). *Let $\gamma_1: [0, \ell] \rightarrow \mathcal{M}_k^2$, $\gamma_2: [0, \ell] \rightarrow M$, where M is a $\text{CAT}^n(k_{\leq 0})$ manifold, be \mathcal{C}^2 unit speed curves, and κ_1, κ_2 denote their geodesic curvatures respectively. Suppose that γ_1 is chord-convex, and $\kappa_2(t) \leq \kappa_1(t)$ for all $t \in [0, \ell]$. Then $|\gamma_2(0)\gamma_2(\ell)| \geq |\gamma_1(0)\gamma_1(\ell)|$.*

We need the following well-known result. Let $\gamma: [0, \ell] \rightarrow \mathcal{X}$ be a unit speed curve, which is *closed*, i.e., $\gamma(0) = \gamma(\ell)$. Let $\bar{\gamma}: [0, \ell] \rightarrow \mathcal{M}_k^2$ be another unit speed curve which bounds a convex body C . A *nonexpanding* (or 1-Lipschitz) map from a subset of a metric space into another is a map which does not increase distances. We say that $\bar{\gamma}$ *majorizes* γ provided that there exists a nonexpanding map $f: C \rightarrow \mathcal{X}$ with $f \circ \bar{\gamma} = \gamma$. The curve $\bar{\gamma}$ has also been called an “unfolding” [15, 25] or “chord-stretching” [40, 46] of γ . We call f the *majorization map*. A curve is *rectifiable* if it has finite length.

Lemma 3.2 (Reshetnyak's Majorization Theorem [4, 37]). *Every closed rectifiable curve in a $\text{CAT}(k_{\leq 0})$ space is majorized by a closed convex curve in \mathcal{M}_k^2 .*

The above result allows us to replace γ_2 in Theorem 3.1 by a curve in \mathcal{M}_k^2 . The other major component of the proof will be a polygonal approximation. For distinct points $p, q \in \mathcal{M}_k^2$, let \vec{pq} denote the unit tangent vector to pq at p which points towards q , and set $\angle(p, o, q) := \cos^{-1}(\langle \vec{op}, \vec{oq} \rangle)$ for ordered triples of points. A curve $\gamma: [0, \ell] \rightarrow \mathcal{M}_k^2$ is *polygonal* if there are points $0 := t_0 < \dots < t_{N+1} := \ell$ such that $\gamma|_{[t_i, t_{i+1}]}$ is a unit speed geodesic, which is called an *edge* of γ . Then $\gamma(t_i)$ form *vertices* of γ for $1 \leq i \leq N$. The *angle* of γ at each vertex is defined as $\theta_\gamma(t_i) := \angle(\gamma(t_{i-1}), \gamma(t_i), \gamma(t_{i+1}))$. An induction on the number of vertices, as in the proof of Cauchy's arm lemma [1, 38], shows:

Lemma 3.3. *Let $\gamma_1, \gamma_2: [0, \ell] \rightarrow \mathcal{M}_k^2$ be chord-convex polygonal curves, with vertices at $t_i \in (0, \ell)$, $i = 1, \dots, N$. Suppose that each edge of γ_1 is equal in length to the corresponding edge of γ_2 , and $\theta_{\gamma_2}(t_i) \geq \theta_{\gamma_1}(t_i)$. Then $|\gamma_2(0)\gamma_2(\ell)| \geq |\gamma_1(0)\gamma_1(\ell)|$.*

We assume that all $\mathcal{C}^{m \geq 1}$ curves γ are immersed, i.e., $|\gamma'| \neq 0$. A majorizing curve of a \mathcal{C}^2 curve may not be \mathcal{C}^2 . Thus we consider some generalized notions of geodesic curvature developed by Alexander-Bishop [8]. Let $\gamma: [0, \ell] \rightarrow \mathcal{X}$ be a locally one-to-one

unit speed curve. Fix $t \in (0, \ell)$. For $r < t < s$ close to t , let $\Delta(r, s) \subset \mathcal{M}_k^2$ be the triangle with side lengths equal to the distances between $\gamma(r)$, $\gamma(t)$, and $\gamma(s)$. There exists a unique curve of constant curvature $\alpha(r, s)$ in \mathcal{M}_k^2 which circumscribes $\Delta(r, s)$. The upper and lower *osculating curvatures* of γ at t are defined respectively as

$$\overline{osc}\text{-}\kappa(t) := \limsup_{r,s \rightarrow t} \alpha(r, s), \quad \text{and} \quad \underline{osc}\text{-}\kappa(t) := \liminf_{r,s \rightarrow t} \alpha(r, s).$$

There exists also a curve of constant curvature $\beta(r, s)$ in \mathcal{M}_k^2 with a pair of points p, q such that the arc length distance $\widehat{pq} = r + s$, and the chord distance $|pq|_{\mathcal{M}_k^2} = |\gamma(r)\gamma(s)|_M$. The upper and lower *chord curvatures* of γ at t are defined respectively as

$$\overline{chd}\text{-}\kappa(t) := \limsup_{r,s \rightarrow t} \beta(r, s), \quad \text{and} \quad \underline{chd}\text{-}\kappa(t) := \liminf_{r,s \rightarrow t} \beta(r, s).$$

If \mathcal{X} is a Riemannian manifold and γ is \mathcal{C}^4 , then all these curvatures coincide with the standard geodesic curvature $\kappa(t)$ of γ [8]. This is also the case for any \mathcal{C}^2 curve in \mathcal{M}_k^2 . We need the following fact which is a quick consequence of [8, Cor. 3.4]:

Lemma 3.4 ([8]). *Let $\gamma: [0, \ell] \rightarrow \mathcal{X}$ be a locally one-to-one rectifiable curve, where \mathcal{X} is a CAT(k) space. Suppose that $\overline{chd}\text{-}\kappa(t) < f(t)$ for a continuous function $f: (0, \ell) \rightarrow \mathbf{R}$. Then $\overline{osc}\text{-}\kappa(t) < f(t)$ as well.*

Now we establish the main result of this section:

Proof of Theorem 3.1. Join γ_2 to its chord to obtain a closed curve. By Lemma 3.2 this curve is majorized by a curve in \mathcal{M}_k^2 . The majorizing curve consists of a chord convex curve, say $\tilde{\gamma}_2$, and its own chord, which has the same length as the chord of γ_2 . Note that $\overline{chd}\text{-}\tilde{\kappa}_2 \leq \overline{chd}\text{-}\kappa_2$ by the majorization property.

First assume that $\kappa_2 < \kappa_1$. Then, after a perturbation, we may assume that γ_2 is \mathcal{C}^∞ , which ensures that $\overline{chd}\text{-}\kappa_2 = \kappa_2 < \kappa_1$. So $\overline{chd}\text{-}\tilde{\kappa}_2 < \kappa_1$. Then $\overline{osc}\text{-}\tilde{\kappa}_2 < \kappa_1$, by Lemma 3.4. Replacing γ_2 by $\tilde{\gamma}_2$, we write $\overline{osc}\text{-}\kappa_2 < \kappa_1$. There exist oriented polygonal curves π_i^N with $N - 1$ edges of length ℓ/N such that the initial point of π_i^N coincides with $\gamma_i(0)$, the vertices of π_i^N lie on γ_i , and the last vertex of π_i^N converges to $\gamma_i(\ell)$ as $N \rightarrow \infty$. Since $\overline{osc}\text{-}\kappa_2 < \kappa_1 = \underline{osc}\text{-}\kappa_1$, angles of π_2^N will not be smaller than the corresponding angles of π_1^N for large N . Thus, by Lemma 3.3, the chord of π_2^N is not smaller than that of π_1^N for large N . So letting $N \rightarrow \infty$ completes the proof.

Next consider the case $\kappa_2 \leq \kappa_1$. We may assume that $\gamma_1(0) \neq \gamma_1(\ell)$. Let $L \subset \mathcal{M}_k^2$ be the complete geodesic which contains $\gamma_1(0)\gamma_1(\ell)$. If γ_1 meets L transversely at both ends, then γ_1 remains chord-convex after a small perturbation. In particular we may replace γ_1 with the curve γ_1^ε in \mathcal{M}_k^2 with prescribed curvature $\kappa_1 + \varepsilon$, for $\varepsilon > 0$. Then, as discussed above, $|\gamma_2^\varepsilon(0)\gamma_2^\varepsilon(\ell)| \geq |\gamma_1^\varepsilon(0)\gamma_1^\varepsilon(\ell)|$ and letting $\varepsilon \rightarrow 0$ completes the proof.

So we may assume that γ_1 is tangent to L at one of its ends, say $\gamma_1(\ell)$, and $\gamma_1'(\ell)$ points towards $\gamma_1(0)$. If $\gamma_1([\ell - \varepsilon, \ell]) \not\subset L$ for small $\varepsilon > 0$, then $\gamma_1([0, \ell - \varepsilon])$ is chord-convex and transversal to the geodesic through its end points. So by the last paragraph $|\gamma_2(0)\gamma_2(\ell - \varepsilon)| \geq |\gamma_1(0)\gamma_1(\ell - \varepsilon)|$ and letting $\varepsilon \rightarrow 0$ completes the proof. Thus we may assume that a segment of γ_1 near ℓ lies on L . Let $\ell' \in [0, \ell]$ be the smallest number such that $\gamma_1([\ell', \ell]) \subset L$. Then $|\gamma_1(0)\gamma_1(\ell')| \leq |\gamma_2(0)\gamma_2(\ell')|$, as we just showed, and since γ_i have unit speed, $|\gamma_2(\ell')\gamma_2(\ell)| \leq \ell - \ell' = |\gamma_1(\ell')\gamma_1(\ell)|$. So, since $\gamma_1(\ell)$ lies between $\gamma_1(0)$ and $\gamma_1(\ell')$ on L , $|\gamma_1(0)\gamma_1(\ell)| = |\gamma_1(0)\gamma_1(\ell')| + |\gamma_1(\ell')\gamma_1(\ell)| \leq |\gamma_2(0)\gamma_2(\ell')| + |\gamma_2(\ell')\gamma_2(\ell)| \leq |\gamma_2(0)\gamma_2(\ell)|$, as desired. \square

Note 3.5. The proof of Theorem 3.1 shows that we have established something more general: the ambient space M of γ_2 may be replaced by any $\text{CAT}(k)$ space, where we relax the condition $\kappa_2(t) \leq \kappa_1(t)$ to $\overline{\text{chd}}\text{-}\kappa_2(t) \leq \kappa_1(t)$ for $t \in (0, \ell)$.

Note 3.6. As is the case in \mathbf{R}^n [47], Theorem 3.1 can likely be generalized to $\mathcal{C}^{1,1}$ curves, where the pointwise inequality $\kappa_2 \leq \kappa_1$ is replaced by $\int_a^b \kappa_2 dt \leq \int_a^b \kappa_1 dt$ for every subinterval $[a, b] \subset [0, \ell]$.

4. PROOFS OF THEOREMS 1.1 AND 1.2

Let M be a $\text{CAT}^n(k_{\leq 0})$ manifold. We need the following special case of a theorem of Lang-Schroeder [30] who generalized Kirszbraun's extension theorem to $\text{CAT}(k)$ spaces; see also [3] [4, Chp. 10].

Lemma 4.1 ([30]). *Let $S \subset \mathcal{M}_k^n$. Then any nonexpanding map $S \rightarrow M$ extends to a nonexpanding map $\mathcal{M}_k^n \rightarrow M$.*

Let $\mathcal{X}, \mathcal{X}'$ be geodesic spaces, $S \subset \mathcal{X}$ and $S' \subset \mathcal{X}'$ be path connected subsets, and $f: S \rightarrow S'$ be a bijection. We say f is an *extrinsic isometry* provided that $|f(p)f(q)|_{\mathcal{X}'} = |pq|_{\mathcal{X}}$ for all $p, q \in S$. On the other hand, f is an (*intrinsic*) *isometry* if it preserves the lengths of curves in S . When S and S' are convex, the two notions coincide.

Lemma 4.2. *Let $C \subset \mathcal{M}_k^n$ and $C' \subset M$ be compact convex bodies. Suppose there exists an extrinsic isometry between boundaries of C and C' . Then C and C' are isometric.*

Proof. Let Γ and Γ' denote the boundaries of C and C' respectively, and $f: \Gamma \rightarrow \Gamma'$ be an extrinsic isometry. By Lemma 4.1, f extends to a nonexpanding map $\bar{f}: C \rightarrow M$. We claim that \bar{f} is an isometry between C and C' . Let $x_i, i = 1, 2$, be distinct points of C . Since M is a $\text{CAT}^n(k_{\leq 0})$ manifold and C is compact, x_1x_2 may be extended from each of its end points until it meets Γ , say at points y_1, y_2 respectively. Let $x'_i := \bar{f}(x_i)$, $y'_i = \bar{f}(y_i)$ and $(y_1y_2)' := \bar{f}(y_1y_2)$. Then $|y'_1y'_2| \leq |(y_1y_2)'| \leq |y_1y_2| = |y'_1y'_2|$. Thus $|(y_1y_2)'| =$

$|y'_1 y'_2|$ which yields that $(y_1 y_2)' = y'_1 y'_2$. In particular x'_i lies on $y'_1 y'_2$. Consequently $|y_1 x_i| + |x_i y_2| = |y_1 y_2| = |y'_1 y'_2| = |y'_1 x'_i| + |x'_i y'_2|$. It follows that $|y_1 x_i| = |y'_1 x'_i|$ and $|x_i y_2| = |x'_i y'_2|$. So $|x_1 x_2| = |y_1 y_2| - |y_1 x_1| - |y_2 x_2| = |y'_1 y'_2| - |y'_1 x'_1| - |y'_2 x'_2| = |x'_1 x'_2|$. Thus $\bar{f}: C \rightarrow \bar{f}(C)$ is an extrinsic isometry. Also since $(y_1 y_2)' = y'_1 y'_2$ and C' is convex, $\bar{f}(C) \subset C'$. It remains only to check that \bar{f} is onto. Given $x' \in C'$, let $y'_1 y'_2$ be a geodesic passing through x' , with $y'_1, y'_2 \in \Gamma'$. Let $y_i := f^{-1}(y'_i)$. Then $(y_1 y_2)' = y'_1 y'_2$ as shown earlier. So $x' \in \bar{f}(C)$, which completes the proof. \square

Next we establish a rigidity property of majorizing curves, which is known in \mathbf{R}^2 [46]. A pair of subsets A, B of a metric space \mathcal{X} are *congruent* provided that there is an isometry, or *rigid motion*, $f: \mathcal{X} \rightarrow \mathcal{X}$ with $f(A) = B$.

Lemma 4.3. *Let γ_1, γ_2 be \mathcal{C}^2 closed convex curves in \mathcal{M}_k^2 . Suppose that γ_1 majorizes γ_2 . Then γ_1 and γ_2 are congruent.*

Proof. Let C_i be the convex bodies bounded by γ_i , $\gamma_i(t)$ be unit speed parametrizations where $t \in \mathbf{R}/\ell$, and $f: \gamma_1 \rightarrow \gamma_2$ be the majorization map with $f(\gamma_1(t)) = \gamma_2(t)$. By assumption, $|\gamma_1(t)\gamma_1(s)| \geq |\gamma_2(t)\gamma_2(s)|$ for all $t, s \in \mathbf{R}/\ell$. Let $\kappa_i(t)$ denote the curvature of γ_i . Suppose that $\kappa_1(t_0) > \kappa_2(t_0)$, for some $t_0 \in \mathbf{R}/\ell$. After a rigid motion we may assume that $\gamma_1(t_0) = \gamma_2(t_0) = o$, and γ_1, γ_2 are tangent to each other at o , and lie on the same side a geodesic which passes through o . Then there exists a neighborhood U of o in γ_1 such that $U \setminus \{o\}$ lies in the interior of C_2 . It follows that $|\gamma_1(t_0 - \varepsilon)\gamma_1(t_0 + \varepsilon)| < |\gamma_2(t_0 - \varepsilon)\gamma_2(t_0 + \varepsilon)|$, for some $\varepsilon > 0$, which is a contradiction. Thus $\kappa_1(t) \leq \kappa_2(t)$ for all $t \in \mathbf{R}/\ell$. Furthermore, if $|C_i|$ denote the area of C_i , then $|C_2| \leq |C_1|$, since by definition f extends to a nonexpansive map $C_1 \rightarrow C_2$. Thus, by Gauss-Bonnet theorem,

$$2\pi - k|C_1| = \int_0^\ell \kappa_1(t) dt \leq \int_0^\ell \kappa_2(t) dt = 2\pi - k|C_2| \leq 2\pi - k|C_1|.$$

So $\int_0^\ell \kappa_1(t) dt = \int_0^\ell \kappa_2(t) dt$, which yields $\kappa_1 \equiv \kappa_2$. Hence γ_1 and γ_2 are congruent by the uniqueness of solutions to the geodesic curvature equation. \square

Combining the last two observations with the generalized Schur's comparison theorem and Reshetnyak's majorization theorem, we obtain the following key result.

Proposition 4.4. *Let $C \subset M$ and $C' \subset \mathcal{M}_k^n$ be compact convex bodies with \mathcal{C}^2 boundaries Γ and Γ' respectively. Suppose that there exists an isometry $\Gamma \rightarrow \Gamma'$ which preserves the second fundamental form. Then C and C' are isometric.*

Proof. Let f be the isometry between Γ, Γ' , and for any $x \in \Gamma$ set $x' := f(x)$. By Lemma 4.2 it suffices to show that for every pair of points $x, y \in \Gamma$, $|xy|_M = |x'y'|_{\mathcal{M}_k^n}$. Let Π be a totally geodesic complete surface in \mathcal{M}_k^n containing $x'y'$. We may assume

that Π is transversal to Γ' . So $\gamma' := \Pi \cap \Gamma'$ is a convex curve in Π . Let $\widehat{x'y'}$ be one of the arcs connecting x', y' in γ' , and $\widehat{xy} := f^{-1}(\widehat{x'y'})$ be the corresponding arc in $\gamma := f^{-1}(\gamma')$. Since $f: \Gamma \rightarrow \Gamma'$ is an isometry which preserves the second fundamental form, $f: \widehat{xy} \rightarrow \widehat{x'y'}$ preserves both the arc length and geodesic curvature of \widehat{xy} . Since Π is totally geodesic, the geodesic curvature of $\widehat{x'y'}$ in \mathcal{M}_k^n is the same as its geodesic curvature in Π , which is isometric to \mathcal{M}_k^2 . Thus, by Theorem 3.1, $|xy|_M \geq |x'y'|_\Pi$. Since Π is totally geodesic, $|x'y'|_\Pi = |x'y'|_{\mathcal{M}_k^n}$. So $|xy|_M \geq |x'y'|_{\mathcal{M}_k^n}$, or f is nonexpanding. To establish the reverse inequality note that by Reshetnyak's theorem (Lemma 3.2), there exists a convex curve $\gamma'' \subset \Pi$ and a majorization map $g: \gamma'' \rightarrow \gamma$. Then $f \circ g: \gamma'' \rightarrow \gamma'$ is a majorization map. So γ' and γ'' are congruent by Lemma 4.3, which yields $f \circ g$ is an extrinsic isometry. Thus $f|_\gamma$ is noncontracting, i.e., $|xy|_M \leq |x'y'|_{\mathcal{M}_k^n}$. \square

A Riemannian hypersurface is *strictly convex at a point* if its second fundamental form is positive definite with respect to a normal direction at that point.

Proof of Theorem 1.1. Since Γ is compact, it is strictly convex at one point. So its universal Riemannian cover $\bar{\Gamma}$ is strictly convex at one point. By Proposition 2.1, $\bar{\Gamma}$ is isometric to a complete immersed hypersurface Γ' in \mathcal{M}_k^n with the same second fundamental form. So Γ' is infinitesimally convex, and is strictly convex at one point. By assumption, (i) $k = 0$, or (ii) Γ is simply connected. In the first case Γ' is convex by a theorem of Sacksteder [39]. In the second case $\bar{\Gamma} = \Gamma$. So $\bar{\Gamma}$ and therefore Γ' are compact. Hence, by do Carmo-Warner's result [21, Sec. 5], Γ' is again convex. So $\mathbb{I}_{\Gamma'}$ is always positive semidefinite with respect to the outward normal, which yields that $\mathbb{I}_{\bar{\Gamma}}$ is positive semidefinite with respect to some normal vector field. Consequently, by Alexander's theorem [2], $\bar{\Gamma}$ is convex. In particular $\bar{\Gamma}$ is embedded, which yields that $\bar{\Gamma} = \Gamma$. So Γ is convex. By Proposition 4.4, the convex bodies bounded by Γ and Γ' are isometric, which completes the proof. \square

Next, to prove Theorem 1.2, we first record the following basic fact:

Lemma 4.5. *If M is compact, then it is convex and homeomorphic to a ball.*

Proof. Let $p_0, p_1 \in \text{int}(M)$ be points in the interior of M , and $\gamma: [0, 1] \rightarrow \text{int}(M)$ be a curve with $\gamma(0) = p_0, \gamma(1) = p_1$. Let $\bar{t} \in [0, 1]$ be the supremum of $t \in [0, 1]$ such that $p_0\gamma(t) \subset \text{int}(M)$. If $\bar{t} \neq 1$, then $p_0\gamma(\bar{t})$ must be tangent to ∂M ; therefore, it lies in ∂M due to local convexity of ∂M [11], which is a contradiction. So $\text{int}(M)$ is convex, which yields that M is convex. Now the exponential map based at an interior point of M yields a homeomorphism between M and a star-shaped domain in \mathbf{R}^n . \square

Now we establish the intrinsic version of Theorem 1.1:

Proof of Theorem 1.2. Let Γ_i denote the components of Γ . Since Γ_i is simply connected, there exists an isometric embedding $f: \Gamma_i \rightarrow \Gamma'_i \subset \mathcal{M}_k^n$ preserving \mathbb{I}_{Γ_i} , by Proposition 2.1. By do Carmo-Warner's theorem [21, Sec. 5], Γ'_i is convex, which yields that \mathbb{I}_{Γ_i} is positive semidefinite with respect to some normal vector field. By assumption, \mathbb{I}_{Γ_i} has a positive eigenvalue at some point with respect to the outward normal N . So Γ_i must be locally convex with respect to N . Hence M is a $\text{CAT}^n(k_{\leq 0})$ manifold. Thus Γ is connected by Lemma 4.5, or $\Gamma_i = \Gamma$, and M is a convex body (as a subset of itself). Let M' be the convex body in \mathcal{M}_k^n bounded by $\Gamma' = f(\Gamma)$. Then f is an isometry between boundaries of M and M' . So M and M' are isometric by Proposition 4.4. \square

Note 4.6. As the proof of Theorem 1.1 reveals, the reason for the assumption $k = 0$, when Γ is not simply connected, is so that we can apply Sacksteder's theorem [39], which holds only in \mathbf{R}^n . Indeed there are complete surfaces in \mathbf{H}^3 which are infinitesimally convex, and are also strictly convex at one point, but are not convex [45, p. 84].

Note 4.7. Once convexity of Γ and Γ' in the above arguments has been established, one may glue the complement of the convex body bounded by Γ' to the convex body bounded by Γ to obtain a geodesically complete $\text{CAT}(k)$ space \mathcal{X} [29]; however, \mathcal{X} may not be a smooth Riemannian manifold a priori. If a gap theorem [10, 26, 41, 43] can be generalized to singular spaces to ensure that \mathcal{X} has constant curvature, it would yield an alternative approach to the results above.

5. TOTAL ABSOLUTE CURVATURE

Here we establish an analogue of Corollary 1.3 for surfaces of genus $g \geq 1$. Recall that Γ_0 denotes the boundary of the convex hull of Γ .

Proposition 5.1. *Let Γ be a closed $\mathcal{C}^{1,1}$ surface immersed in a $\text{CAT}^3(k_{\leq 0})$ manifold M . Then*

$$(6) \quad \tilde{\mathcal{G}}(\Gamma) \geq 4\pi - k|\Gamma_0|,$$

with equality only if $K_M \equiv k$ on support planes of Γ_0 , and $GK_\Gamma \geq 0$ everywhere.

Proof. Let Γ_0^ε denote the outer parallel surface of Γ_0 at distance $\varepsilon > 0$. Then Γ_0^ε is $\mathcal{C}^{1,1}$ [23, Lem. 2.6] and thus by Rademacher's theorem its total curvature $\mathcal{G}(\Gamma_0^\varepsilon)$ is well-defined. The total curvature of Γ_0 is defined as

$$\mathcal{G}(\Gamma_0) := \lim_{\varepsilon \rightarrow 0} \mathcal{G}(\Gamma_0^\varepsilon).$$

It is known that $\varepsilon \mapsto \mathcal{G}(\Gamma_0^\varepsilon)$ is a decreasing function [23, Sec. 6]. Furthermore $\mathcal{G}(\Gamma_0^\varepsilon) \geq 0$ since Γ_0^ε is convex, due to the fact that distance from a convex set in a $\text{CAT}^n(0)$ manifold

is a convex function [13, Cor. 2.5]. Thus $\mathcal{G}(\Gamma_0)$ exists. By (2) and Gauss-Bonnet theorem,

$$(7) \quad \mathcal{G}(\Gamma_0^\varepsilon) = \int_{\Gamma_0^\varepsilon} K_{\Gamma_0^\varepsilon} - \int_{\Gamma_0^\varepsilon} K_M(T_p\Gamma_0^\varepsilon) \geq 4\pi - k|\Gamma_0^\varepsilon| \geq 4\pi - k|\Gamma_0|.$$

Here we have also used the fact that $|\Gamma_0^\varepsilon| \geq |\Gamma_0|$, which holds since projection by the nearest point mapping into a convex set is nonexpanding [13, Cor. 2.5]. So $\mathcal{G}(\Gamma_0) \geq 4\pi - k|\Gamma_0|$. Let $\mathcal{G}_+(\Gamma) := \int_{\Gamma_+} GK_\Gamma$, where $\Gamma_+ \subset \Gamma$ is the region with $GK_\Gamma \geq 0$. Then

$$(8) \quad \tilde{\mathcal{G}}(\Gamma) \geq \mathcal{G}_+(\Gamma) \geq \mathcal{G}(\Gamma \cap \Gamma_0) = \mathcal{G}(\Gamma_0) \geq 4\pi - k|\Gamma_0|,$$

where the middle equality is due to Kleiner [28], see [23, Prop. 6.6]. If equality holds in (6), then equalities hold in (8). In particular $\mathcal{G}(\Gamma_0) = 4\pi - k|\Gamma_0|$, which yields $\mathcal{G}(\Gamma_0^\varepsilon) \rightarrow 4\pi - k|\Gamma_0|$, as $\varepsilon \rightarrow 0$. So (7) implies that $\int_{\Gamma_0^\varepsilon} K_M(T_p\Gamma_0^\varepsilon) \rightarrow k|\Gamma_0|$. Since $K_M \leq k$, it follows that $K_M(T_p\Gamma_0^\varepsilon) \rightarrow k$. But $T_p\Gamma_0^\varepsilon$ converge to support planes of Γ_0 . Consequently, $K_M \equiv k$ on support planes of Γ_0 . Finally, equalities in (8) include $\tilde{\mathcal{G}}(\Gamma) = \mathcal{G}_+(\Gamma)$, which yields $GK_\Gamma \geq 0$. \square

Note 5.2. It is unknown whether closed surfaces with $GK \geq 0$ in a $\text{CAT}^3(k_{\leq 0})$ manifold are convex [2, Rem. 4]; otherwise, Proposition 5.1 would imply via Theorem 1.1 that Γ bounds a k -flat convex body, and solve Gromov's problem in all cases.

Note 5.3. If Theorem 1.1 holds for $\mathcal{C}^{1,1}$ hypersurfaces (see Notes 2.3 and 3.6), and one can show that Γ_0 is $\mathcal{C}^{1,1}$, then Proposition 5.1 solves Gromov's problem in all cases. In \mathbf{R}^n it is already known that the convex hull of a closed $\mathcal{C}^{1,1}$ hypersurface is $\mathcal{C}^{1,1}$ [23, Note 6.8]. See also [12, 32] for regularity properties of convex hulls in Riemannian manifolds.

ACKNOWLEDGMENTS

The author is grateful to Anton Petrunin for important input and feedback during this work. Thanks also to Stephanie Alexander, Werner Ballmann, Igor Belegradek, Misha Gromov, Joe Hoisington, and Gil Solanes for useful communications.

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